

## Annual Meeting and Spring Luncheon June 6 on Campus

The Spring Luncheon and Annual Meeting - hosted by Chancellor George and Dr. Harbach - will be held Tuesday, June 6 from 11:30 a.m. to 1:30 p.m. in the JCP Summit Lounge (the event has outgrown the lobby!) Following lunch and the meeting (1:45 p.m.) there will be an optional sneak peek of the new Anheuser-Busch Business building. Look for your invitation in the mail the first week of May.

## UMSL Retirees Association Special Event

**Alzheimer's: Everything You NEED To Know, But Have Been Afraid To Ask**  
**When: Friday, April 14, 1:30 to 3:30 PM; Room 336 Social Science/Business**

As the human population has grown older, there has developed an epidemic of Alzheimer's Disease and related dementias. Approximately 5.4 million Americans now live with Alzheimer's. Half of all persons aged 85 and over will have Alzheimer's Disease. But, although Alzheimer's is considered an ailment of the aged, one form of the disease affects people as young as in their 20s. It is estimated that by 2050, someone in the USA will develop Alzheimer's every 33 seconds. Thus, if Alzheimer's has not already affected your life, the chances are high that it will affect you, or a loved one, sometime in the not too distant future. Despite public perceptions, Alzheimer's entails much more than simply memory loss - and it is a disease that ultimately influences all members of a family, most importantly the caregivers.

This panel will feature 4 speakers who will cover the most valuable information you need to know and will answer questions you may have. Speakers will address: 1) Basic information about Alzheimer's and other related dementias - what it is and how do you recognize it; 2) Caregiver stress and coping skills; 3) Support and resources offered by the Alzheimer's Association; 4) An overview of research conducted by the Knight Alzheimer's Disease Research Center (ADRC) at Washington University, one of the world's leading Alzheimer's research programs. There also will be ample time for discussion and questions and answers. Retirees who are planning to attend the seminar are encouraged to RSVP by Thursday, April 13th by calling or e-mailing Amy in the special events office (314-516-5789 or [umslevents-ga@umsl.edu](mailto:umslevents-ga@umsl.edu)).

## Holiday Luncheon December 13 at Glen Echo Country Club

As usual this was a successful event with almost 70 in attendance. In addition to hearing from Chancellor George, and the President, plans for upcoming events were described, including the one described below and the upcoming Alzheimer's Disease program, and a possible Wine Tasting tour. The usual book exchange took place and it would appear that a good time was had by all.

## In Memoriam

**John Averett**, member of the Biology Department from 1970 – 1988, who served as chair prior to his leaving to work with Lady Bird Johnson at the Nation Wildflower Center in Austin, TX, died on January 1, 2017.

**Barbara Zeiss**, a staff member of the Registrar's Office, from 1977 – 2000, and then part-time until 2009 passed away Thursday, January 26, 2017. Barb was also valued as part of the "Saturday testing team", helping to administer ACT tests, Praxis exams, etc., in the University's Testing Center.

## Association Outing to the National Museum of Transportation

On Friday Dec. 16, the activities committee held a "lunch bunch" activity followed by a visit to The Museum of Transportation to see the model train holiday show.

For lunch the group took in the Friday special at the Assumption Greek Orthodox Church. We then went to the new museum Visitors Center to see the holiday show. The president of the Museum Governance Board, the Museum's Executive Director, and the volunteer who oversees the model train displays all addressed our group. We also had a very informative presentation by one of our own, Chuck Granger, who told about his experience in working with Des Lee in assembling one of the model trains. The train came as a kit with over 6,000 parts to assemble and the instructions were written in Japanese.

The UMSL fifteen retirees and guests present were joined by five retirees from St Louis County.



## UMSL Recreation and Wellness Center and the Silver Sneakers Program

GREAT NEWS! Effective March 1, 2017, the UMSL Recreation and Wellness Center began participating in the Silver Sneakers program. For UMSL retirees who are enrolled in the UnitedHealthcare Group Medicare Advantage (PPO) Plan (either basic or enhanced) offered by the University of Missouri System, there will be no cost to use the equipment and facilities at the UMSL Recreation and Wellness Center. Note: There may be costs for additional special programs or services. For other retirees, check with your health insurance provider to see if it participates in the Silver Sneakers program. For more information, call Emily Davidson at the Rec and Wellness Center: 314-516-2347.

---

### Committees Welcome Your Participation in the Retirees Association—Volunteer Today!

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

TELEPHONE NO. \_\_\_\_\_ CELL NO \_\_\_\_\_ E-Mail \_\_\_\_\_

VOLUNTEER FOR THE FOLLOWING COMMITTEES (List 1<sup>st</sup> \_\_\_\_\_ 2<sup>nd</sup> \_\_\_\_\_, and 3<sup>rd</sup> \_\_\_\_\_ choices)

PLANNING & EVENTS \_\_\_\_\_ MEMBERSHIP \_\_\_\_\_ COMMUNICATIONS \_\_\_\_\_

---

(Return to Lol Barton at [bartonl@umsl.edu](mailto:bartonl@umsl.edu) or mail to him at 7206 Henderson Road, 63121, or bring to the luncheon on June 6! Please provide us with an e-mail address)

**Keep Up with Retirees Association Business, Future Events, and Contact Information at our Web Site: <http://www.umsl.edu/retirees/>**

## Dues Update

TO: UMSL - Retirees Association members

FROM: The UMSL-RA Membership Committee

SUBJECT: Arrears membership

Last June the UMSL-RA began its 2016 – 2017 membership year, which runs from June 1, 2016 to May 31, 2017. At present, the RA has 347 names in its membership file, but only 188 paid members and of those paid members 145 are paid Life Members. The UMSL-RA is here for all retirees to act as a watchdog over our collective retirement benefits (pension and health) and to help maintain links for you to fellow retirees and UMSL developments via planned events and activities.

In 2015, as an effort to broaden the base and spark interest in the RA, we passed a new RA policy to offer all newly retired UMSL employees (within the past year) a free one-year membership. If you are now in your second year of retirement, please pay your dues so we can continue to offer programs and serve all retirees.

If you know a newly retired employee, suggest they join. The UMSL-RA Membership Card grants the following:

- Annual Luncheon and Business Meeting, courtesy of the Chancellor; currently open to all retirees.
- Annual Holiday Luncheon, partially subsidized by the campus and the Association
- Access to events and programs of the UMSL Retiree Association
- 10% discount at the University Triton Store in the Millennium Student Center,
- Up to 25% discount on tickets to events at the Touhill Performing Arts Center,
- Admission to the Dept. of Recreational Sports classes at active faculty/staff rate,
- Admission to the UMSL Recreation & Wellness Center at active faculty/staff rate,
- A free Campus parking permit (unlimited for Life members; annual year for Annual members), available 7:30 am – 5:00 pm at Office of Parking and Transportation, 44 Campus Police Building

If you are not up to date in your membership, please rejoin us.

To rejoin, click on this link: <http://www.umsu.edu/retirees/jointoday.html>. Next click on the heading Join the Retirees Association Today to open the .pdf form. Print it, complete it, and send your form and check (payable to UMSL Retirees Association) to:

Steven Spaner, UMSL-RA Treasurer  
c/o Heaven on Earth B & B  
17170 Deer mountain Road  
Marthasville, MO 63357-2092

## President's Report

Since my last report, we have been in Florida except for a couple of weeks in Saint Louis when we attended the Holiday Luncheon. However, I have been busy on Retiree Association business, as is obvious from this Newsletter. I have been tangentially involved in the two events, one already completed and the Alzheimer's Disease seminar to take place on April 14. A Board meeting was held just before the Holiday Luncheon on Dec. 13, and others will be held April 21 and just before the Annual Meeting and Luncheon on June 6. Our Leadership Group will attend the Missouri University Retirees Association (MURA) meeting in Columbia in May and we have submitted a report for the MURA Newsletter.

Loi Barton, president, UMSL-RA



## Building Updates

The College of Optometry newly constructed **Patient Care Center** (PCC) opened on Monday, September 19, 2016 and the **Science Learning Center** was used last summer - the formal opening took place on November 10, 2016. Scheduled for completion this summer, the **Anheuser-Busch Hall for the**



**College of Business Administration** building is almost done and will be dedicated on August 17.

**Retiree News** (This issue includes submissions only from Board Members, but we need news from other retirees if this feature is to continue in future issues of the Newsletter)

**Dave Ganz**, although officially retired, continues to work at UMSL (his 51<sup>st</sup> year) on a part-time basis. He is working with business alums as a “friend-raiser” as the College of Business Administration moves towards the realization of having its own dedicated building. Leisure time finds Dave supporting the arts with season tickets at the Rep, Mainstage and Studio; the Fox; the Muny; Opera Theatre of St. Louis; Stages and Dance St. Louis. Also, as a member of Cinema St. Louis, Dave attends movies on a regular basis. He supports St. Louis’ many eateries, dining out regularly, both midday and evenings.

**Wendell Smith**, as some of you may recall, was restoring an old car over a span of many years. He drove the unfinished vehicle to numerous university functions (picnics, homecoming parades, etc.). Well, he finally finished the restoration! For the past four or so years he has been showing the car at numerous national shows and he has toured with the car on several national events typically one week outings each which represent 1,000 plus miles in distance.

Wendell's car was featured in the recent AAA Magazine promoting the Easter car show in Forest Park. His car will also serve as the shows annual Commemorative Poster, seen here.



## Benefits News

We all now have a new health insurance package if we chose to have the University as our Supplemental Health Insurance Program. There has been some concern by those who are retired but not yet 65 years old and thereby not Medicare-eligible. Here are some tips from one of our Board Members:

- 7-11 months before you turn 65, start exploring the additional Medicare coverage options available to you;
- 6 months before you turn 65, continue to learn about your Medicare coverage options
- 3 months before you turn 65, enroll in Medicare before you turn 65 to avoid a lapse in coverage; arrange for additional coverage to help fill the gaps in Medicare;
- Your 65th birthday, sign up for additional coverage, even if you're already enrolled in Medicare;
- 3 months after you turn 65, be sure you're enrolled in Medicare by now; get additional coverage in place before it's too late.

The University will send you a packet approximately 21/2 -3 months before you turn 65. If you are already receiving Social Security, you will be automatically enrolled in Medicare and sent a card in anticipation of your 65<sup>th</sup> birthday Those who are not yet receiving Social Security will need to sign up for Medicare themselves.

We are not professionals so if you don't have the answers, contact the UM HR folks and the Social Security Administration.

## UMSL Retirees Association Board of Directors, (2016-17) (remaining terms noted in parentheses)

### OFFICERS

#### PRESIDENT

Lawrence Barton (2 yrs.)  
[bartonl@umsl.edu](mailto:bartonl@umsl.edu)

#### PRESIDENT-ELECT

Charles Korr (3 yrs.)  
[cpkorr@umsl.edu](mailto:cpkorr@umsl.edu)

#### SECRETARY

Mary Ellen Heckel (1 yr.)  
[meheckel@sbcglobal.net](mailto:meheckel@sbcglobal.net)

#### TREASURER

Steven D. Spaner (1 yr.)  
[SSpaner@umsl.edu](mailto:SSpaner@umsl.edu)

#### PAST PRESIDENT

Sandy MacLean (1 yr.)  
[stannard624@yahoo.com](mailto:stannard624@yahoo.com)

### MEMBERS

Wendell Smith (2 yrs.)  
[wsmith@umsl.edu](mailto:wsmith@umsl.edu)

Harold Harris (2 yrs.)  
[hharris@umsl.edu](mailto:hharris@umsl.edu)

Zuleyma Tang-Martinez (2 yrs.)  
[zuleyma@umsl.edu](mailto:zuleyma@umsl.edu)

Joseph Martinich (1 yr.)  
[Joseph.Martinich@umsl.edu](mailto:Joseph.Martinich@umsl.edu)

David Ganz (1 yr.)  
[Ganz@umsl.edu](mailto:Ganz@umsl.edu)

Linda Royal (1 yr.)  
[royal@umsl.edu](mailto:royal@umsl.edu)

---

UNIV. EVENTS (ex-officio) Cindy Vantine  
60 J.C. Penny Bldg./Conf. Ctr.  
(314) 516-5442.  
[cindy\\_vantine@umsl.edu](mailto:cindy_vantine@umsl.edu)